

What does Holistic Dentistry mean to Our Team and why do we work here?

Dental Assistant- Holistic dental means addressing the consequences and effects of lifestyle on dental health but not in isolation. I work at Holistic Dental Care because it's full of surprises. A Holistic Dentist looks after more than just dental needs and can refer patients to a network of trusted specialists.

Dental Assistant- What a Holistic Dentist means to me is a dentist who uses a healthier method for dental treatment. I work in Holistic Dental Care because I enjoy working with the amazing caring team Dr Charlotte employs to help her. All the procedures I learn are different from other practices I have worked at in the past. Here at Holistic Dental Care treatment is carried out in a much safer way for the patient.

Receptionist- A Holistic dentist means that the entire practice uses a holistic approach when it comes to treatment of patients. EX: Using safe materials that have been sensitivity tested, to minimise the long-term harmful effects materials such as amalgam have on people. I work at Holistic Dental Care because I encourage and support a healthier, non-toxic lifestyle and I believe Dr Charlotte's approach to treatment is to the highest and safest standards that I have ever seen in a dental practice. Plus her holistic knowledge extends further than just stopping at dental needs. She works alongside several top quality specialists, ensuring all of her patients are in good hands. Our care factor is well beyond 110%.

Admin Assistant- A Holistic dentist is a dentist who is knowledgeable about the actual filling material used and considers how it effects someone's health. I work at holistic dental care because of the high standard of dental treatment with an overall goal on health not just on teeth! I like working in an environment that provides a high level of service to people.

Hygienist- Holistic Dentistry is an alternative view on a way of treating patients which changes a patients' perception of dentistry. I work at holistic dental care because I learn interesting and informative facts outside the scope of just teeth and gum health.

Project Admin- Holistic dentistry means evaluating the health of the entire body not just focusing solely on a persons' teeth and gums. A Holistic dentist determines what factors are *causing* the areas of concern in relation to the patients' oral health care. For example, a patient may have a high number of cavities and instead of simply filling the holes, Dr Charlotte tries to uncover the reason *why* there are cavities.....this may be the result of the persons diet (consuming highly acidic/sugary foods) or it could be because the person sleeps with their mouth open at night which means saliva isn't able to protect the teeth. Dr Charlotte then creates a treatment plan to address all areas and educates her patients. I work at Holistic Dental Care because of the alternative health care advice and recommendations that is given to patients to help them achieve wellness. Dr Charlotte wants to help the patients in any way she can, even if that means referring them to a co-practitioner.